



Be Strong!



and Fight the Good Fight

Connect the sport of boxing with your personal faith journey

Join team Pugliese in an exciting new approach on strengthening your faith in God through the art of boxing!



FTGF - 2017

Sunday October 29, 2017

From 2pm to 6:00pm

Open to 6th thru 12th graders



FTGF ACTIVITY INCLUDES:

- Presentation
- Warm-up exercises
- Breakout sessions:
Strength—Endurance—Boxing
- Dinner and fellowship

Permission slip and prior registration REQUIRED.

Permission slips available through the Faith Formation Office

There is a \$10 fee to cover the cost of supplies, and registration is through the youth ministry. Contact our Director of Youth Ministry Theresa Barrons for further information at (586) 725-7579

youthministry@smqoc.com